

Fresh **Homemade Char-Grilled
HAMBURGERS**

**Choice of: Mayo, Mustard, Ketchup, Pickles, Onion & Lettuce
Grilled Onions or Cajun Seasoning on Request**

**Extras: Tomato 10 cal / Bacon 60 cal / Cheese 70 cal
Homemade Chili 70 cal / Homemade Slaw 40 cal**

**Small 240 cal Regular 330 cal
Huge 520 cal Big Double™ 330 cal**

Cook Out® Style™ Homemade Chili, Slaw, Mustard, Onion **+130 cal**
Cheddar Style™ Cheddar Cheese, Bacon, Grilled Onions, Mayo **+240 cal**
Out West Style™ BBQ Sauce, Bacon, Mayo, Pickles, Onion **+210 cal**
Steak Style™ A1® Sauce, Grilled Onions, Lettuce, Tomato, Mayo **+100 cal**

CHAR-GRILLED CHICKEN BREAST

Original Style™ Lettuce, Tomato, Mayo, Honey Mustard **390 cal**
Barbeque Style™ BBQ Sauce, Fresh Sliced Pickles, Mayo **380 cal**
Cajun Style™ Cajun Seasoning, Texas Pete®, Lettuce, Tomato, Mayo **380 cal**
Club Style™ Bacon, Cheese, Lettuce, Tomato, Mayo **570 cal**
Cheddar Style™ Cheddar Cheese, Bacon, Grilled Onions, Mayo **540 cal**
Homemade Style Pickles, Slaw, Cheese, Onions **380 cal**

Hot **CRISPY SPICY CHICKEN BREAST FILLET** *Hot*

Regular Spicy Style™ Lettuce, Tomato, Mayo **450 cal**

HOMEMADE STYLE CHICKEN STRIPS

SAUCES: Cook Out® Sauce / BBQ / Honey Mustard / Polynesian / Ranch / Buffalo

Chicken Strip Snack (3) Served w/ choice of Sauce **660 cal**
Chicken Strip Sandwich Lettuce, Tomato, Honey Must, Mayo **680 cal**
Chicken Strip Club Bacon Cheese Lettuce Tomato Mayo **850 cal**

 **CRISPY CHICKEN WRAPS**

Cajun Wrap 500 cal Ranch Wrap 520 cal
Honey Mustard 510 cal Cajun Ranch 520 cal

COOK-OUT® BARBEQUE

- BBQ Sandwich** w/Homemade Slaw, Texas Pete® **370 cal**
- BBQ Plate** w/Homemade Slaw, Fries, Hushpuppies **980 cal**

CHICKEN NUGGETS **240 cal**

5 Piece - Crispy All White Meat w/ Sauce
Cook Out® Sauce / BBQ / Honey Mustard / Polynesian / Ranch / Buffalo

HOT DOG Plain or w/ Ketchup & Mustard **260/280 cal**

CORN DOG w/ French's® Mustard & Heinz® Ketchup **220 cal**

HUSHPUPIES Homemade Style **590 cal**

CHEESE QUESADILLA (1) **180 cal**

QUESADILLA (1) Chicken or Beef **220/260 cal**

BLT SANDWICH **400 cal**
Fresh Cooked Bacon, Lettuce, Tomato, Mayo, Pepper

BACON RANCH WRAP **420 cal**
Fresh Cooked Bacon, Cheese, Lettuce

CHILI DOG **330 cal**

CAJUN FRIES **350 cal**

CHICKEN QUESADILLA **220 cal**

REG FRIES **350 cal** **LG FRIES** CAJUN SEASONING ON REQUEST **700 cal**

CHILI CHEESE **FRIES** **460 cal** **CHEESE FRIES** **390 cal**

BACON CHEDDAR DOG **530 cal**
Cheddar Cheese & Fresh Bacon

Cook Out® Style Hot Dog **390 cal**
Homemade Chili, Slaw, Mustard, Onion

ONION RINGS Cook Out® Sauce on Request **260 cal**

WHITE CHEDDAR CHEESE BITES **380 cal**

COOK-OUT® CREAMERY

FANCY MILKSHAKES 510-900 cal

Fresh Banana	Hershey's® Chocolate	Peach
Banana Berry (3)	Chocolate (double)	Peach Cobbler
Banana Fudge	Chocolate Cherry	Peanut Butter
Banana Nut	Choc Chip Cherry	Peanut Butter Banana
Banana Pineapple	Choc Chip Mint	Peanut Butter Fudge
Banana Pudding	Chocolate Malt	Pineapple
Blueberry	Chocolate Nut	Red Cherry
Butterfinger®	Heath® Toffee	Reese's® Cup
Cappuccino	M&M®	Snickers®
Caramel	Mocha	Strawberry
Caramel Fudge	Orange Push-Up®	Vanilla
Cheesecake	Oreo®	Walnut
(Blueberry, Caramel, Cherry, Choc Chip or Strawberry)	Oreo® Mint	

Fresh Watermelon (July-Aug)

Fresh Eggnog (Dec)

FLOATS & CHEESECAKE

COKE® FLOAT (Drug Store Style w/ Vanilla Soft Serve)	380 cal
CHEERWINE® FLOAT (w/ Vanilla Soft Serve)	380 cal
CHEESECAKE (N.Y. Style w/ Choice of Toppings)	360 cal

DRINKS

FRESH BREWED TEA	Huge 390 cal	Large 290 cal
Coca Cola® BEVERAGES	Lg 0-240 cal	Reg 0-160 cal
CHEERWINE® 	Large 220 cal	Reg 150 cal
DASANI® 20 oz. BOTTLED WATER		0 cal



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CHOOSE 1 FOR Jr. TRAY

- SM. BURGER 240 cal
- 2 CHICKEN STRIPS 440 cal
- 2 CORN DOGS 440 cal
- BLT SANDWICH 400 cal
- 1 HOT DOG 260 cal
- 1 QUESADILLA CHICKEN OR BEEF 220/260 cal

OR CHOOSE 1 FOR TRAY

- BIG DBL. BURGER™ 330 cal
- REG. 1/4 LB. BURGER 330 cal
- REG. BARBEQUE 370 cal
- 2 HOT DOGS 520 cal
- 2 QUESADILLAS Chicken or Beef 440/520 cal
- REG. CHICKEN 380 cal
- CAJUN CHICKEN 380 cal
- SPICY CHICKEN 450 cal
- BBQ CHAR GRILLED CHICKEN 380 cal
- CHICKEN STRIPS (3) OR SANDWICH 660 cal

PLUS CHOOSE 2 SIDES OR DOUBLE UP

- BACON WRAP 420 cal
- WHITE CHEDDAR CHEESE BITES 190 cal
- CHICKEN NUGGETS 150 cal
- CHICKEN WRAP Ranch, Cajun, Honey Mustard 500-520 cal
- CORN DOG 220 cal
- FRIES 350 cal
- HUSHPUPIES 300 cal
- ONION RINGS 130 cal
- QUESADILLA CHICKEN OR BEEF 220/260 cal
- SLAW or CHILI 100-170 cal

PLUS CHOOSE A BEVERAGE

- LG. DRINK 0-290 cal
- HUGE TEA 390 cal
- DASANI® 20 oz. BOTTLED WATER 0 cal
- CHEERWINE® / COKE® FLOAT 380 cal
- OR SUB A REG. SHAKE (no drink) 510-900 cal

2,000 calories a day is used for general nutrition, but calorie needs vary. Additional nutritional information available upon request.